

# ACCELERATING QUALITY FP SERVICES

WHO-FP ACCELERATOR PROJECT NEWSLETTER

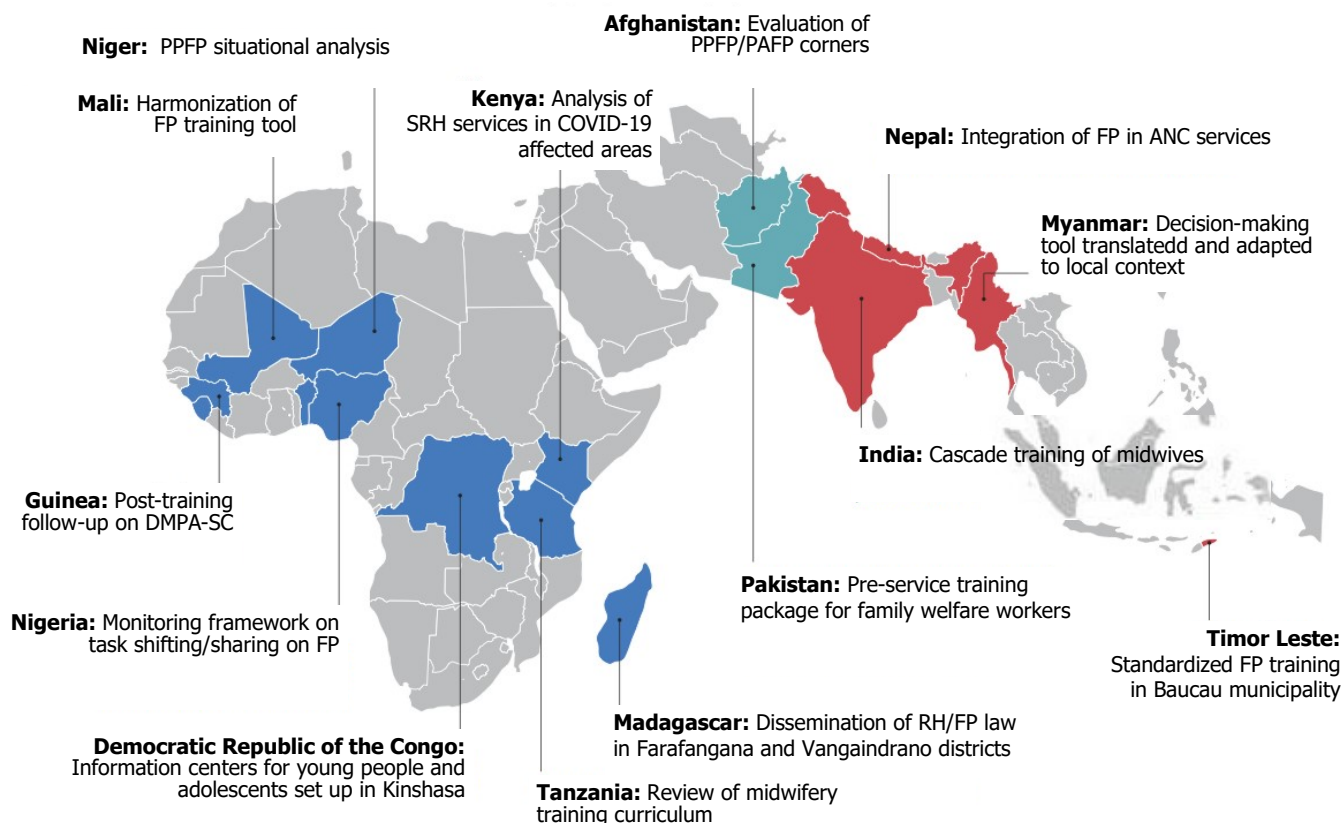
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## WHO FAMILY PLANNING ACCELERATOR PROJECT

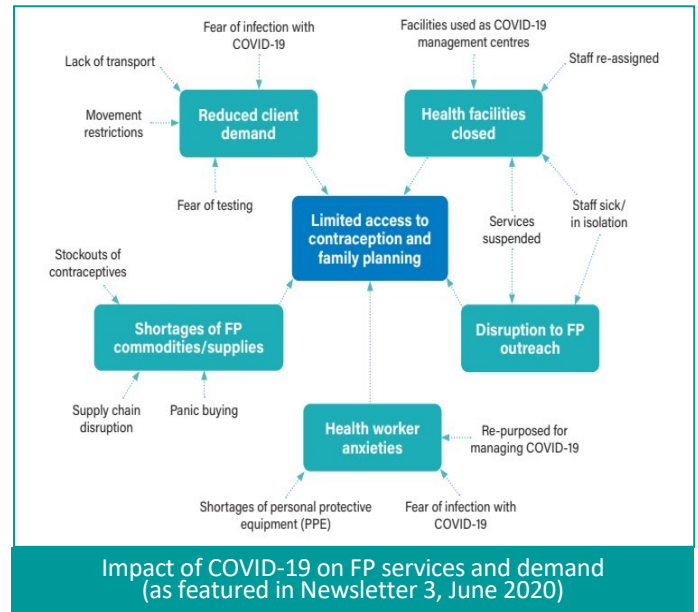
### Promoting quality and rights-based family planning services

The WHO FP Accelerator project supports partners and ministries of health (MoH) to accelerate quality and rights-based family planning (FP) services within the broader frameworks of the Sustainable Development Goals (SDGs), Universal Health Coverage (UHC) and the WHO 13th Global Programme of Work (GPW13). The project contributes specifically to attainment of SDG targets 3.1, 3.7 and 5.6, and to the GPW13 goal of 1 billion more people covered by UHC. The WHO-FP Accelerator Project is coordinated by the Contraception and Fertility Care (CFC) Unit in the WHO Department of Sexual and Reproductive Health and Research (WHO/SRH) and implemented with WHO's Regional and Country offices.

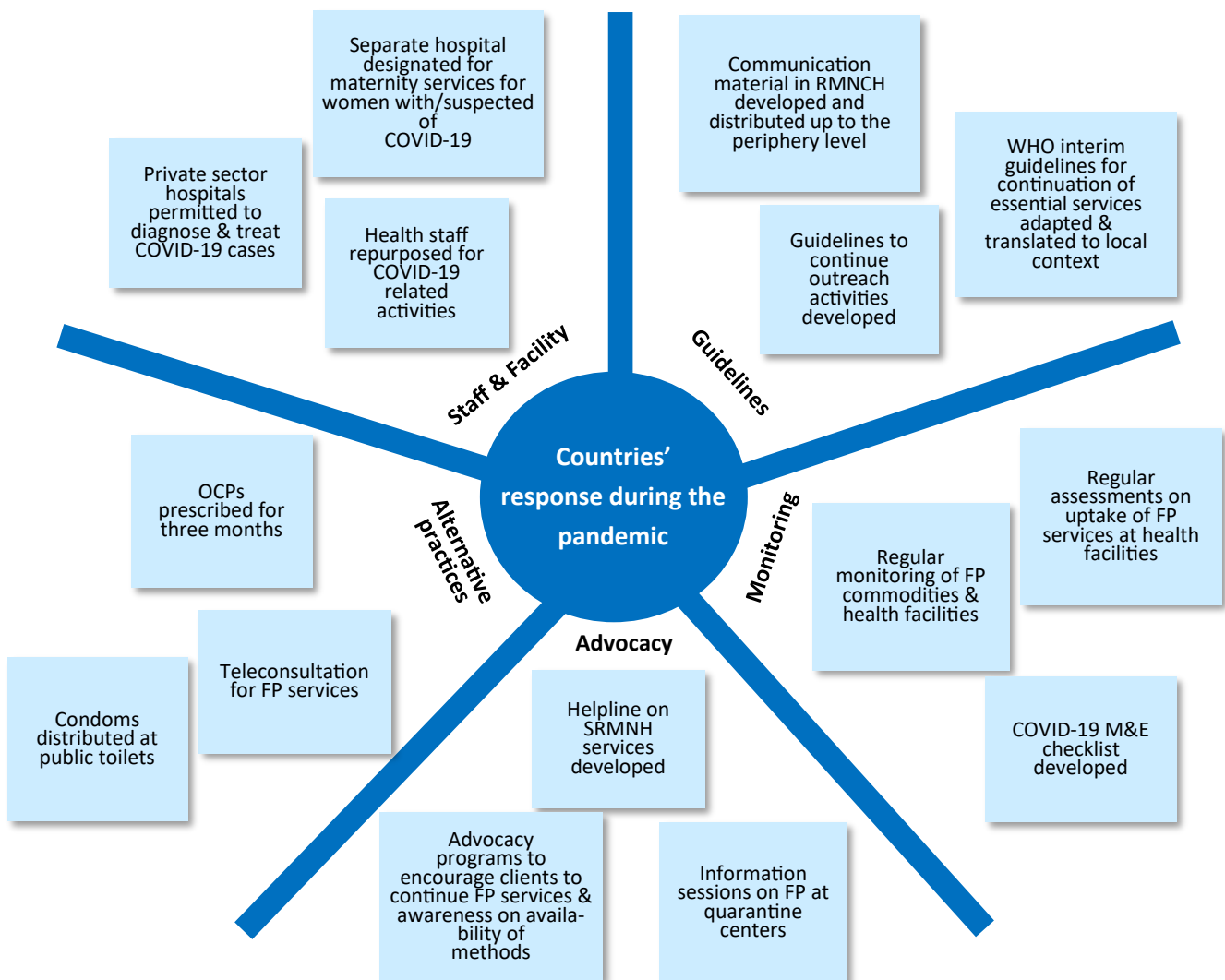
### Implementation of the FP Accelerator Project is in progress in 14 countries



# COVID-19 & FP



## Response by countries to continue FP services during the pandemic



# COUNTRY NEWS

## AFRICAN REGION

### • Democratic Republic of the Congo

#### **Integration of PPFPP counseling**

Two hundred copies of PPFPP counseling tools were distributed to health providers, midwifery teachers and students of the Lubumbashi Higher Institute of Medical Technology to enable PPFPP counseling during antenatal care.

#### **Promotion of adolescent sexual and reproductive health**

WHO contributed to the adolescent task force in September 2020 by identifying approaches using young reporters to develop radio and television programs and a triangular 'medical-school-community' system to increase contraceptive uptake among adolescents.



Distribution and awareness on PPFPP tools, DRC, Sept. 2020

### • Guinea

#### **Post-training follow-up**

A technical meeting on post-training follow-up on DMPA-SC was held with all health districts to discuss the data collection tools, reporting framework, implementation and supervision plans.

#### **Training modules adapted to the Global AA-HA! Guidance**

The Global AA-HA! Guidance was applied to draft 15 training modules (facilitator's guides, participant's manuals and participant's workbooks) for health providers working with young people.



Information center for young people and adolescents in Mbuji-Mayi, DRC, Sept. 2020

### • Madagascar

#### **Dissemination of the RH/FP law**

WHO supported the dissemination of the RH/FP law in Farafangana and Vangaindrano districts. An advocacy workshop was held in Farafangana, attended by government representatives, as well as religious and traditional leaders, to break the taboo and share FP information within their respective communities.



Dissemination of RH/FP law in Farafangana, Madagascar, 26 Sept. 2020

### • Mali

#### **Harmonization of family planning training and monitoring documents**

WHO in collaboration with the Directorate-General for Health and Public Hygiene and General Department of Health and Reproduction, Population Services International, Marie Stopes-Mali, CARE-Mali, Mali Association for Family Protection and Promotion, National Health Sciences Training Institute and JHPIEGO developed a draft of the harmonized FP training and monitoring tool.

#### **Supervision visits to check continuity of SRH services**

Despite the COVID-19 pandemic, health workers in Mali continued SRH services.



Workshop to draft harmonized FP training tool, Mali, 26–30 Oct. 2020

### • Nigeria

#### **Monitoring framework on task shifting/sharing for family planning**

WHO, in collaboration with FMOH, adapted and expanded the monitoring framework on task shifting/sharing for FP. The training curriculum for community health extension workers was reviewed and training on MEC wheel was included.

#### **Promoting Adolescent Sexual and reproductive health**

From 8–11 December 2020, WHO contributed to the Nigeria National FP Conference: "ASRH and COVID-19" and the youth pre-conference on "Prioritizing young people's FP needs during crisis and emergencies". Recommendations were made on improving ASRH in the country.



Continuity of SRH services at Reference Health Centers (CSREF) in Mopti Region, Mali

# COUNTRY NEWS

## AFRICAN REGION

### • Tanzania

#### Strengthening PFPF services in Katavi region

WHO developed standard operating procedures and checklists for FP services, in collaboration with the Ministry of Health, Community Development, Gender, Elderly and Children. WHO also conducted post-training mentorship and coaching among health providers in Katavi, in collaboration with the Regional and council health management team, to enhance their clinical skills in PFPF services.



Post-training mentorship for health providers, Tanzania, 24 Aug. – 4 Sept. 2020

#### Standard Operating Procedures for FP Services

1. In-service FP training for health care providers at facility and community level.
2. Client's education on FP and reproductive health (RH) at facility and community level.
3. Counselling for FP and RH services at facility and community level.
4. Screening for FP use.
5. Logistics Management information Systems for FP commodities for facility and community FP service provision.
6. Data collection tools, data flow and data storage for FP services provision at facility and community.
7. Supportive supervision for FP service provision at facility and community level.
8. Reporting adverse events related to FP method use.
9. Provision of FP method for health facility.
10. Provision of FP method for CHWs.

10 SOPs developed on FP services in Tanzania, Sept. – Oct. 2020

## EASTERN MEDITERRANEAN REGION

### • Afghanistan

#### Monitoring the FP service provision in PFPF/PAFP corners

A technical working group revised the monitoring checklist for PFPF/PAFP corners, followed by a one-day orientation workshop in October 2020 on use of the revised checklist and its timely reporting. Regular monitoring since September showed availability of PFPF/PAFP services and functionality at all corners.



In Afghanistan, 30 health care providers (doctors & midwives) at targeted health facilities were trained on IUD & implant insertion and removal.



### • Pakistan

#### Pre-service training package for family welfare workers

Representatives of the Department of Health and Population Welfare, principals and key faculty members of RTIs met from 8–9 October 2020 to finalize the revision of the pre-service training curriculum for family welfare workers. Development of the training content has been initiated based on the revised curriculum.

## SOUTH-EAST ASIA REGION

### • Myanmar

#### Adaptation and translation of family planning tools

Following the FIGO training, Myanmar ObGyn Society commenced using the MEC wheel (4500 copies distributed). DMT was translated and adapted to local context.



Adapted version of DMT, Myanmar

### • Nepal

Nepal Society of Obstetricians and Gynecologists (NESOG) updated its members (45 participants) on latest FP recommendations during their annual conference.

### • Timor Leste

#### Standardized FP training in Baucau municipality

The MoH, Instituto Nacional da Saúde, Marie stopes-TL and WHO jointly organized a Family Planning training workshop in Baucau municipality, using the harmonized national training tool, and 15 health workers were trained through lectures and practical sessions.



Training workshop in Baucau using harmonized FP training tool, Timor Leste, 21 Sept. – 3 Oct. 2020



FP update for NESOG members, Nepal, 17–19 Oct. 2020

# COUNTRY NEWS

## South-South Learning Exchange (SSLE)

### Guinea - Côte d'Ivoire

A virtual kick-off meeting on SSLE was held between Guinea and Côte d'Ivoire, with the participation of representatives from WHO CO, RO and HQ, FP 2020, Path Finder, JHPIEGO and USAID from both countries. The learning objective for Guinea is integration of youth in PFP programming.

SSLE continues between Nigeria-Uganda and Nepal-Sri Lanka. All 4 countries have shared their learning objectives and indicators to monitor progress, and developed a road map.



Kick-off meeting Nepal-Sri Lanka, 15 Oct. 2020



SSLE Nigeria-Uganda, 18 Nov. 2020



Kick-off meeting Guinea-Côte d'Ivoire, 9 Dec. 2020

## Meet the Team



**Mr Jermais Da CRUZ**  
NPO RMNCAH  
& Gender  
WHO CO, Timor-Leste

I have a Diploma in Nursing and a Bachelor's degree in Public Health and started working with WHO Timor-Leste in 2007 as an SSA/service contractor. In 2016, I was appointed as the National Program Officer for Reproductive, Maternal, Newborn, Child and Adolescent Health, including Ageing and Gender. My responsibilities at WHO include providing leadership and governance for RMNCAH program implementation based on WHO regional and country office strategic plans, providing technical support and fostering partnership among stakeholders.

The FP Accelerator project has helped me support the Ministry of Health to increase uptake of long-acting reversible contraceptives through outreach activities, development of harmonized national FP training tools, training of midwives and doctors using the FP tool for effective counseling and use of safe, high-quality insertion of implants and IUDs. The project enabled increased coverage of contraceptives at community health posts and an increase in CPR, from 20% in January-June 2020 to 30% in December.



**Dr Edwin SWAI**  
NPO RMNCAH-FHP,  
FRH Cluster,  
WHO CO, Dodoma,  
United Republic of  
Tanzania

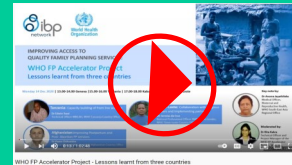
I am a medical doctor with an MSc in International Health from the University of Heidelberg, Germany. My public health journey began in 2004 and I have more than five years of experience in RMNCAH related work with public agencies, international NGOs and UN agencies. My responsibilities as a technical officer at WHO Tanzania are to support the Ministry of Health, agencies and partners to implement and monitor RMNCAH strategies and plans. Additionally, I support the adaptation of RMNCAH guidelines and tools, and monitor their use.

The FP Accelerator project has supported dissemination of evidence-based WHO FP guidelines by engagement with medical professional associations, organizing annual national review meetings and advocacy of quality of interventions and data. The training and post training follow-up in Katavi has helped improve skills of health care workers and enabled women in the region to have access to PFP services, especially PPIUD.

# UPDATE FROM REGIONAL OFFICES AND HQ

## » Webinar on Improving Access to Quality Family Planning Services

WHO shared experiences and lessons learnt in strengthening FP in three countries (Afghanistan, Tanzania, Timor Leste) in a webinar organized in collaboration with IBP Network on 14 December 2020. The live event was attended by 239 participants from over 60 countries.



[Watch the video](#)

## » WHO-FIGO Collaboration

An online session on WHO FP Accelerator was held at the FIGO Africa Regional Kigali Congress 2020 on 15 December 2020. Following an overview from WHO HQ and FIGO Secretariat, country perspectives on implementing evidence-based WHO FP recommendations were presented by Tanzania and South Africa.



Adolescent health task force meeting to promote ASRH, DRC, Sept. 2020

## World Contraception Day

26 September 2020



Advocacy campaign in Nepal for awareness and continuation of FP services during COVID-19



FP messages on notebooks at COVID-19 centers in Myanmar



- Annual review and planning meeting - March 2021
- Webinar on South-South learning exchange - April 2021



Share your experiences!

We invite you to post experiences and lessons learned during implementation of the FP Accelerator project with us.

## FAMILY PLANNING ACCELERATOR PROJECT

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### DISCLAIMER

The content of this publication does not necessarily represent the views, decisions or policies of the World Health Organization. Responsibility for the information and views expressed in the publication lies entirely with the authors.

This newsletter is designed for those involved or interested in the FP-Accelerator project at WHO Headquarters, Regional and country offices. It features current and upcoming activities, accomplishments by the team and useful resources. We welcome submissions of project updates by any team member for inclusion in the next newsletter, scheduled for April 2021.

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