

UMBRELLA TO ACCELERATOR

WHO-FP ACCELERATOR PROJECT NEWSLETTER

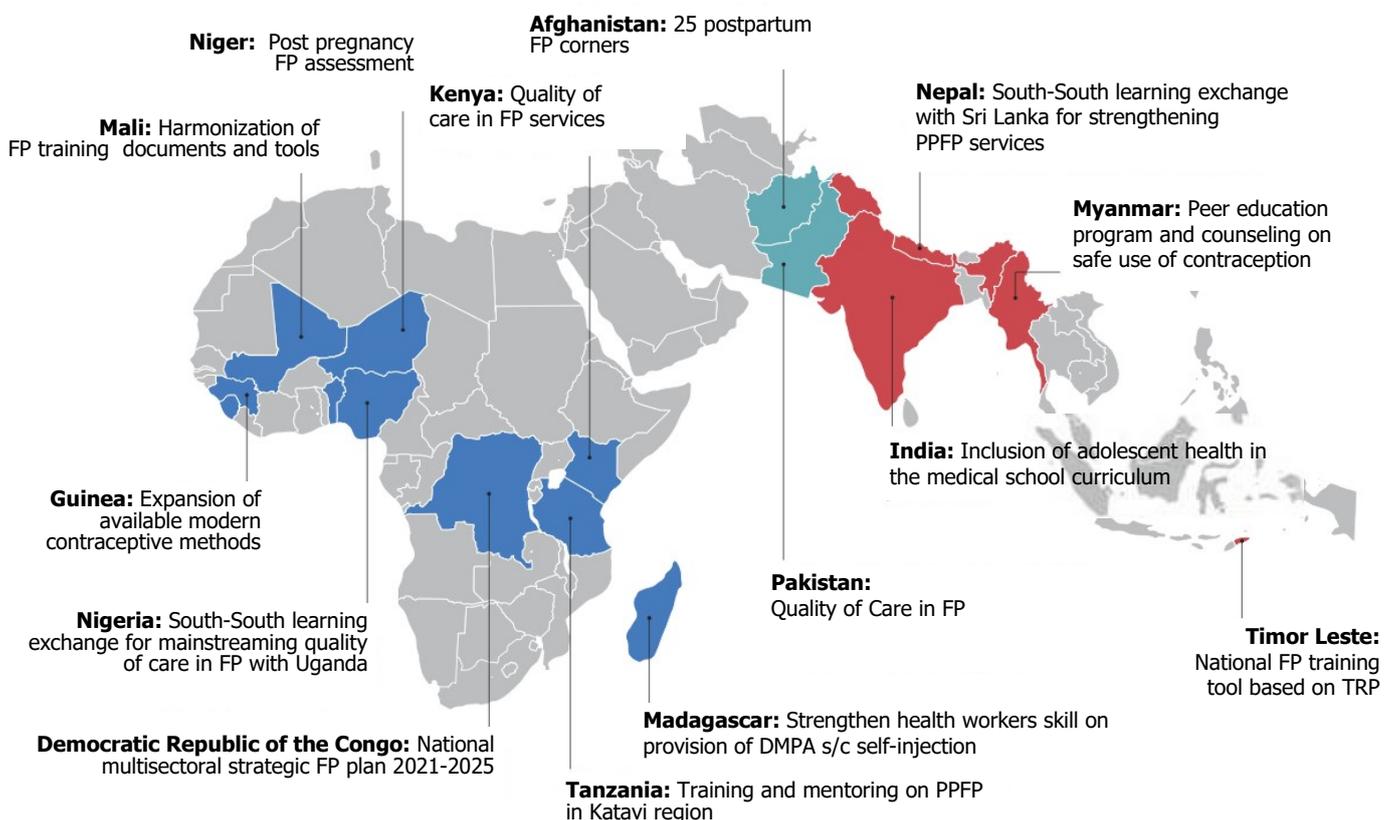
Issue 4 - September 2020

WHO FAMILY PLANNING ACCELERATOR PROJECT

Promoting quality and rights-based family planning services

The WHO FP Accelerator project continues to support partners and ministries of health (MoH) to accelerate quality and rights-based family planning (FP) services within the broader frameworks of the Sustainable Development Goals (SDGs), Universal Health Coverage (UHC) and the *WHO 13th Global Programme of Work (GPW13)*. The project contributes specifically to attainment of SDG targets 3.1, 3.7 and 5.6, and to the GPW13 goal of 1 billion more people covered by UHC. The WHO-FP Accelerator Project is coordinated by the Contraception and Fertility Care (CFC) Unit in the WHO Department of Sexual and Reproductive Health and Research (WHO/SRH) and implemented with WHO's Regional and Country offices.

Implementation of the FP Accelerator Project is in progress in 14 countries



AFRICAN REGION

• Democratic Republic of the Congo

National multisectoral strategic FP plan

WHO facilitated the revision of the national multisectoral strategic FP plan 2021-2025 during which indicators for monitoring the plan have been finalized.

Adolescent health strategic plan 2021-2025

Four youth association networks are taking part in the development of an adolescent health strategic plan. The logical framework consists of priority areas with interventions to respond to the targeted problems.



Training of adolescent youth peer educators in Kinshasa, DRC

• Guinea

Revision of training modules on adolescent health and development

The revision/adaptation of training modules for health and development of adolescents and young people has begun, in accordance with the Global accelerated action for the health of adolescents (AA-HA!) strategy.

Training on self-injection of DMPA SC

WHO supported the Ministry of Health to conduct a training workshop in Conakry to strengthen the knowledge and skills on administration of DMPA-SC injectable contraception as self-injection. A total of 370 health providers and 1833 community relays from 7 regions (Boké, Faranah, Kankan, Kindia, Labé, Mamou and N'zérékoré) completed the training, during which 512 women were counseled on DMPA/SC and 199 new users of DMPA/SC were enrolled.

• Madagascar

On 26th September to mark the World contraception day, WCO supported the broadcast of a discussion with the theme on FP on the radio and television.

• Nigeria

Mainstream Quality of care in Family Planning within the Quality improvement processes in the country

WHO and the Federal Ministry of Health have commenced work on integrating Quality of care in FP. A national implementation guide is under development. South-South learning exchange for mainstreaming QoC in FP has commenced with Uganda.

Technical assistance to improve adolescent sexual and reproductive health

FMOH Nigeria requested WHO for technical assistance to strengthen the development and implementation of the national adolescent health and development policy. The existing adolescent health policies have been reviewed and recommendations made for development of a PPFPP strategy for adolescents.

EASTERN MEDITERRANEAN REGION

• Pakistan

Revision of pre-service training package for Regional training institutes

A two-day workshop held on 17-18 September 2020 gathered consultants and faculty members from regional training institutes to finalize the revision of the pre-service training package curriculum for family welfare workers. The duration of the training program is increased to 36 months from 24 months and a midwifery component has been included. As a result, the family welfare workers will be trained to acquire the skills of a midwife, in addition to providing FP services. Following a stakeholder endorsement meeting in October 2020 the revised curriculum will be piloted in the training institute in Islamabad in December 2020/ January 2021.

Quality of care in Family planning

Family planning questions have been integrated into the maternal and newborn health QoC assessment tool. Data is being collected from 8 facilities and will be analyzed by end November 2020.

COUNTRY NEWS

EASTERN MEDITERRANEAN REGION

• Afghanistan

Strengthening adolescent sexual and reproductive health

The Ministry of Public Health requested WHO to assess and strengthen the national response to meet the SRH needs of adolescents in the country. WHO via the Technical Assistance coordination (TAC) mechanism has engaged CARE International and MAMTA Health Institute for Mother and Child to undertake a literature review, a rapid program review and options analysis to respond to the MOPH's request.

PPFP and PAFP corners enter 2nd phase

In 2019, PPFP and PAFP corners were established in 12 health facilities of Kabul (7 facilities) and Herat (5 facilities). This year, as a part of the second phase, 13 additional PPFP and PAFP corners have been established in Kabul (8 facilities) and Herat (5 facilities). A PPFP/ PAFP monitoring tool has been developed. The corners will be evaluated, and the changes will be documented.



Counselling women at a PPFP corner in Guzara district hospital, Herat - September 2020



Use of the MEC Wheel for counselling

SOUTH EAST ASIA REGION

• India

Inclusion of adolescent health in medical school curriculum

Following many years of advocacy efforts by Indian colleagues and WHO, adolescent health is part of the training in the MBBS program across 500+ medical colleges in India since 2019. WHO is supporting the development of educational materials that the faculty of the medical institutions can use in teaching and training the medical students in adolescent health and medicine.

• Myanmar

Promoting Youths' Access to Contraception through Comprehensive Sexuality Education Program

In September 2019, WHO and the Ministry of Health and Sports (MoHS), Myanmar, organized a national level Training of Trainers (ToT) on Peer Education (PE) program for youth to build a cadre of Master Trainers. These trainers are now cascading trainings in respective states and regions. The first sub-national level ToT was cascaded in Hpa-an University in February 2020. The training covered seven thematic areas: illicit drug, tobacco, alcohol, health lifestyle, road traffic accidents, comprehensive sexuality education and game addiction. MoHS aims to incorporate the PE program in universities and schools across the country.

• Nepal

Strengthening PPFP services

PPFP assessment have been completed in two primary health centers and two health posts and the results have been shared with the government. The government has agreed to include questions on PPFP in the next round of DHS 2021 survey. The ANC card will be revised to include a component of PPFP counseling.

• Timor Leste

WHO, UNFPA, National training institutes and key stakeholders organised a 13 day training session on FP in Timor Leste, using the revised FP training curriculum from 21st September to 3rd October 2020. The focus was on use of MEC Wheels, PPFP and Infection Prevention and Control (IPC).



FP training session in Timor Leste

COUNTRY NEWS

South-South Learning Exchange



Nigeria- Uganda

Learning exchange commenced remotely for Nigeria and Uganda. Representatives from MoH, FP 2020, and JHPIEGO Global Regional and country office, WHO CO, RO and HQ from both countries had several remote meetings to identify the learning objectives. Mainstreaming Quality of care in Family planning within the Quality improvement processes in the country is identified as the key learning agenda.

Nepal- Sri Lanka

A learning exchange commenced remotely between Nepal and Sri Lanka. Representatives from MoH, FP 2020, and Knowledge Success, WHO CO, RO and HQ from both countries organized several remote meetings to identify learning objectives. In the case of Nepal, the learning objective will be the organisation of services to improve PFP.



Discussion with the Family welfare division, FP 2020 focal points, academia to review findings of PFP assessment and prepare for the South-South learning exchange on 31st July 2020, Kathmandu, Nepal

COUNTRY NEWS

Meet the Team



Dr. Pooja PRADHAN
National Programme officer, Nepal

I am a medical doctor with a master's degree in public health and over seven years of experience in reproductive, maternal and newborn care. I started working with WHO Nepal in 2016. My responsibilities at WHO include providing technical and managerial support in the areas of health through life course, gender equity human rights and midwifery. I am responsible for providing technical and managerial assistance to relevant departments of MoHP and to collaborate with HQ, WHO collaborating centers, the National Health Research Council and academic institutions for research.

The FP Accelerator project has helped me support the Government of Nepal for adoption and dissemination of WHO recommendations on FP and PPF, revision of FP training packages, development of Program Managers' Guide for PPF, development of facilitators guide for MEC wheel and DMT training, and assessment of PPF including secondary data analysis of NDHS.



Dr Sehenolalao Anjarasoa ANDRIANASOLO
National Programme officer, Madagascar

I am in charge of family and reproductive health programs at WHO Madagascar, a woman passionate about everything concerning the health of mother and child. This passion has been revealed since my student years, when I was a member of an association of medical students working in the field of public health by providing free medical consultations and sensitization in the area of family planning and health of the reproduction of adolescents in the most remote areas of Madagascar.

The subject of my thesis for the award of the State Doctorate in Medicine was focused on the attendance of adolescents and young people at the Fianakaviana Sambatra Family Planning Center. To obtain a master's degree in public health, my research was focused on the barriers that led to loss of follow up of FP clients. The recommendations from this study were presented to the Ministry of Public Health and were taken into account when obtaining the data collection tools for the health information systems. For the master 2 in health policy and management of the health system, I made a thesis on the implementation of the health policy for adolescents and young people in Madagascar.

UPDATE FROM REGIONAL OFFICES AND HQ

New publications

» The **WHO fact sheet on infertility** was released on 14 September 2020
<https://www.who.int/news-room/fact-sheets/detail/infertility>

» Technical brief: **Not on Pause: Responding to the sexual and reproductive health needs of adolescents in the context of the COVID-19 crisis**
https://www.unfpa.org/sites/default/files/resource-pdf/Not_on_Pause.pdf



UPDATE FROM REGIONAL OFFICES AND HQ

Key resources to maintain essential FP services during COVID-19

- WHO Essential health service guidance document <https://www.who.int/publications/i/item/WHO-2019-nCoV-essential-health-services-2020.1>
- Q&A –Contraception/Family planning during the COVID-19 Pandemic <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/question-and-answers-hub/q-a-detail/contraception-family-planning-and-covid-19>
- Q&A on adolescents, youth <https://www.who.int/news-room/q-a-detail/q-a-for-adolescents-and-youth-related-to-covid-19>
- New operational guidance on maintaining essential health services in the COVID-19 context:
 - Operational planning guidelines to support country preparedness and response <https://www.who.int/docs/default-source/coronaviruse/covid-19-sprp-unct-guidelines.pdf>
 - Community based health care guidance document https://www.who.int/publications/i/item/WHO-2019-nCoV-Comm_health_care-2020.1
 - Recommendations for management of women during and after pregnancy, and breastfeeding <https://www.who.int/publications/i/item/clinical-management-of-covid-19>
 - Q&A on coronavirus <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/question-and-answers-hub/q-a-detail/q-a-coronaviruses>

In Memory of Dr Ramez Mahaini

We lost our dear colleague Dr Ramez Mahaini, coordinator of Reproductive, Maternal, Newborn, Child, Adolescent and Elderly Health (WHO EMRO) on 30th August 2020. He first joined WHO/ EMRO in 1994. His immense contribution in the field of RMNCAH and dedication to his work will always be remembered.



Course in Adolescent Sexual and Reproductive Health 2020

WHO and the Geneva Foundation for Medical Education and Research runs an **online training course on adolescent sexual and reproductive health**. The course will cover lessons learned and experiences gained in improving the SRH of adolescents in the 25 years since the ICPD; the effects of COVID-19 on the lives of adolescents, specifically on their SRH; and approaches to ensuring the continuity of SRH information and service provision to adolescents in the context of the COVID-19 crisis. The course will run from 12 October – 9 November. For more information please contact Dr Chandra-Mouli (chandramouliv@who.int)

Share your experiences!



We invite you to post experiences and lessons learned during implementation of the FP Accelerator project with us.

FAMILY PLANNING >>> ACCELERATOR PROJECT

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The content of this publication does not necessarily represent the views, decisions or policies of the World Health Organization. Responsibility for the information and views expressed in the publication lies entirely with the authors.

This newsletter is designed for those involved or interested in the FP-Accelerator project at WHO Headquarters, Regional and country offices. It features current and upcoming activities, accomplishments by the team and useful resources. We welcome submissions of project updates by any team member for inclusion in the next newsletter, scheduled for January 2021.

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