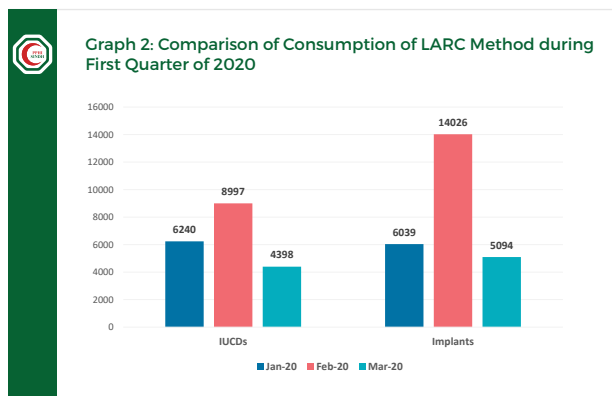
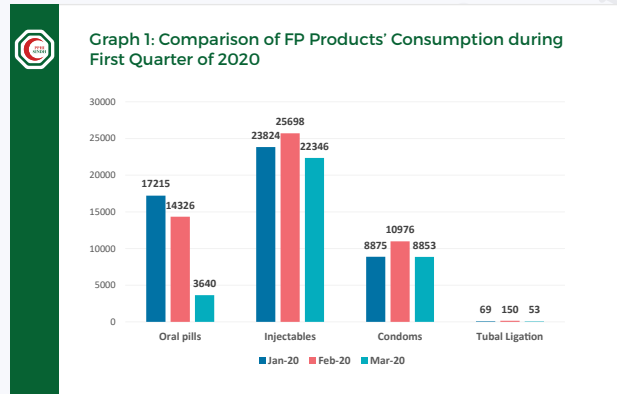




PPHI Sindh's Family Planning Services during Coronavirus (Covid-19) Pandemic 2020

PPHI Sindh spread its spectrum of services in overall Sindh including outpatient services, maternal child health services, nutrition, immunization, provision of laboratory services and ambulances. Among these, trend of all services has declined due to coronavirus or COVID-19 pandemic. As this virus spreads through droplet and hand infection at very high intensity, therefore, people are asked to stay at home and the government has imposed a lockdown. Ultimately, this lockdown mechanism has impacted the number of patients at PPHI Sindh's health facilities resulting a drastic decline in OPD services of PPHI Sindh in April 2020 in comparison to the services in March 2020. During coronavirus pandemic, PPHI Sindh continues to provide services at 1,235 health facilities with same commitment to serve the community.

Following the decline in OPD services, family planning services are also impacted. Graph 1 shows an analysis of FP service during first quarter (Jan - Mar 2020) of this year.



Furthermore, the lockdown due to coronavirus has also affected consumption of LARC method, as shown in Graph 2, which shows the number of IUCDs inserted in January 2020 was 6,240 which was 8,997 in February 2020 and 4,398 in month of March 2020. Similarly, consumption of implants shown similar trend that in January 2020 the number of implants consumed was 6,036, in February 2020, it was 14,026 and in March 2020, a total of 5,094 implants were inserted.

Likewise, postpartum family planning (PPFP) was also affected. The data shown in Graph 3 indicated that in January 2020, PPFP was 33%, it went higher in month of February 2020 but in March 2020 it came down to 33%.

However, during the lockdown due to coronavirus, PPHI Sindh continued to organise health education sessions on coronavirus preventions and personal hygiene. Moreover, screening desks have been arranged at multiple sites and many PPHI Sindh staff members have been assigned to these points to ensure proper screening, isolation and further guidance

