

2016 FP2020 ANNUAL COMMITMENT UPDATE QUESTIONNAIRE RESPONSE



AMAN FOUNDATION

[HTTP://WWW.FAMILYPLANNING2020.ORG/AMAN-FOUNDATION](http://www.familyplanning2020.org/aman-foundation)

In July 2016, the Aman Foundation shared the following update on progress toward achieving its Family Planning 2020 commitment during the 2015-2016 time period (commitment included below for reference).

FINANCIAL UPDATES

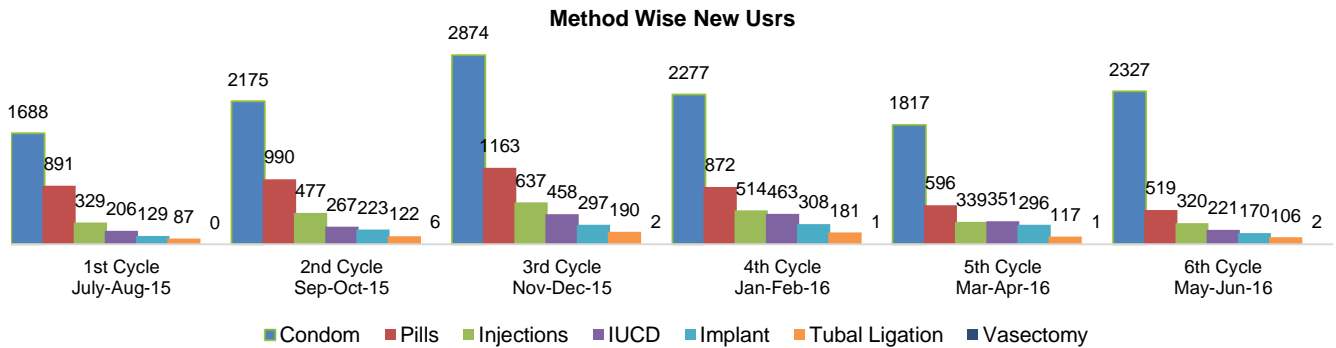
- The “Sukh Initiative,” a project of Aman Health Care Services, supported by the David and Lucile Packard Foundation in addition to the Aman Foundation and the Bill and Melinda Gates Foundation, aims to increase the prevalence of modern contraceptives by 15 percentage points, in selected peri-urban communities of Karachi. Sukh Initiative is implementing strategies and innovations to demonstrate the impact of quality family planning and maternal and neonatal child health information and services for reduction in unintended pregnancies.
- The Aman Foundation reports that the 2014–2015 time period, the third year of the five-year project, witnessed extensive project implementation and gained substantial momentum. Community mobilization increased demand for family planning services, which were met by availability of quality services both at public and private health care facilities. TeleHealth operations provided the community to access information on family planning and reproductive health using mobile phones. Youth engagement and parent sensitization on youth issues made it possible to initiate family life education in public and private schools. It is highly appreciable that the project’s evidence-based best practices are being adopted for scaling up at the government level. These efforts are initiated to ensure sustainability of an enabling environment for provision and uptake of family planning services through available, accessible, and affordable quality services. Working with government Lady Health Workers (LHWs) in the project area, is a new initiative launched in this time period.
- In previous reports, the Aman Foundation has provided funding information related to the Sukh Initiative (see [here](#)).

PROGRAM & SERVICE DELIVERY UPDATES

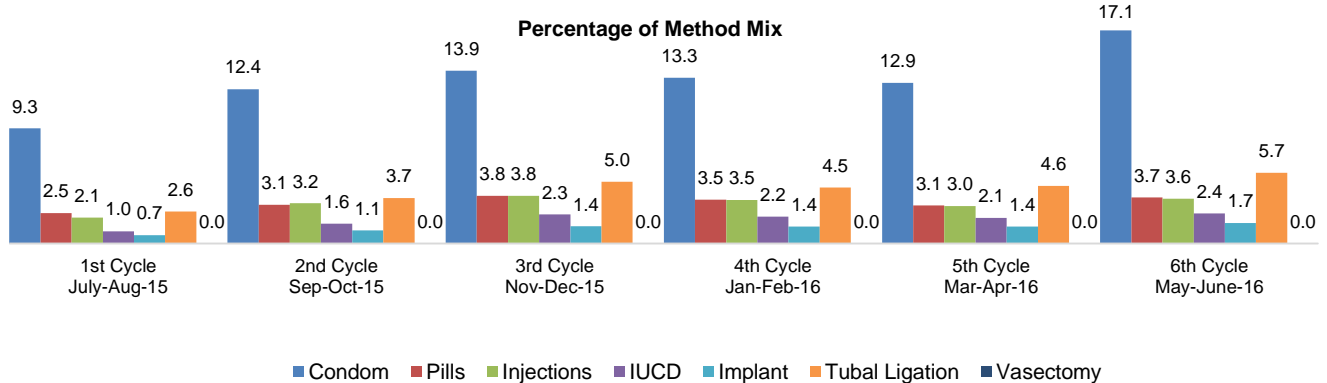
- The Aman Foundation reports disseminating information regarding the Sukh Initiative through various national and international channels, including:
 - **Forums:** To make close coordination with similar organizations, Sukh Initiative has been working at various national and international forums i.e. Pakistan Alliance for Post Abortion Care; Population Association of Pakistan; Pakistan Reproductive Health Network.
 - **Conferences:** The project has made its presence felt at International Conference on Family Planning; APCRSR (The Asia Pacific Conference on Reproductive and Sexual Health and Rights); Women Deliver (Invest in Girls and Women - It Pays) 4th Global Conference; Asian Population Association; Urban Health Conferences; and Sukh baseline data was presented at ICFP 2015, Bali.
 - **Sukh website:** A new portal is developed for Sukh which will be launched in June 2016. In the meanwhile the existing website is also being populated regularly.
- Achievement reported by the Aman Foundation within the 2015-2016 timeframe include:
 - Improvement has been observed in method mix with an increase of 6.4 percent, uptake of Short Acting Reversible Methods, and 3.8 percent increase in uptake of Long Acting Reversible Methods (LARCs)
 - 10,500 outbound calls were made to MWRA for follow-up
 - 2308 male and 484 female reached TeleHealth through inbound calls
 - 686,000 SMS were disseminated
 - Family Life Education (FLE) for youth has been integrated in 30 schools
 - 90 faculty members received training to deliver FLE

- 950 parents were sensitized about FLE
- 50 percent of schools (public and private) allowed introduction of FLE for responsible adulthood
- 18 private health facilities showed 143% increase in uptake of 14 short-acting methods and 3 LARC on an average per clinic per month against 6 SARC and 1 LARC on an average per month per clinic.
- 40 on the job trainings were conducted
- 21 public facilities and 2 regional training institutes were upgraded
- 196 IUCD, 59 PPIUCD and 431 Implants were provided at public health facilities

New Family Planning Users (July 2015-June 2016)



Current Family Planning Users (July 2015-June 2016)



- In an effort to enhance partnerships with local community-based organizations, the private sector and the public sector through an integrated community-based approach, the Aman Foundation has engaged in the following activities:
 - **Community Engagement:** Sukh is engaging the community at two levels; one with the community households at the grassroots in the form of Community Based Organizations (CBOs), and second with the community notables through Community Advocacy Committees (CAC).
 - **Community-Based Organizations:** CBOs facilitate project implementation and provide solutions to day-to-day challenges. 130 CBOs are formed since the inception of the project with two CBOs per 20,000 of population. Field teams plan and conduct monthly CBO meetings. Points of discussion for agenda are decided by the field team and CBO members. In 2015-16, a total of 776 CBO meetings were held and 7899 community members participated in these meeting.

- **Community Advisory Committees:** CACs were formed with community stakeholders, including local leaders, activist, religious leaders, prominent political personalities and community elders. CAC has a bigger mandate than a CBO as these committees facilitate in identifying schools for interventions for FLE, private clinics for starting Dhanak centers, for TeleHealth to establish their TeleHealth booths, and measurement partner Aga Khan University in conducting baseline survey. Sukh established 10 CACs – one committee per field station – during year 2014-15. To date 26 CAC meetings have been conducted in year 2015-16 which were attended by 458 people.
- **Partnership with government:**
 - **Partnership with NP for FP & PHC Dept. of Health Sindh:** The Sukh Initiative signed a letter of Collaboration with National Program for Family Planning and Primary Health Care (NPFP&PHC), Sindh in year 2014. After a series of collaborative meetings in sorting out the partnership details, LHW Initiative has been finally formalized in February 2016. An internal Service Level Agreement was signed between Sukh PMU and ACHP program (door to door service partner) to run this initiative. So far, following activities have been done under this partnership: 1) Area identification, 2) Training of Master Trainers (10 Lady Health Supervisor trained) and, 3) step down training of Lady Health Workers (200 LHWs were trained). This newly included component is contributing to the demand generation for FP and RH services and is now operating within the ACHP.
 - **Partnership with Population Welfare Department (PWD):** Sukh PMU held several meetings with PWD as part of its advocacy strategy. Three of the following models from the project were taken up by PWD into its five-year implementation strategy (Coasted Implementation Plan - CIP).
 - By increasing the population coverage per CHW in urban areas.
 - CHWs will be administering the first dose of injections as well.
 - FLE will be incorporated in the curriculum for LHWs
 - LHWs will be bringing referrals to the Family Health Days
 - The implementation of CIP will be initiated in year 2016-17.

Partnership with Dept. of Health: PMU maintained close collaboration with the DoH during the revision of its PC-1 of LHW Program for next five years. As a result of vigorous advocacy efforts Sukh was able to be a part of this document. The ‘innovations’ included in the PC-1 were based on the recommended best practices from Sukh.

- **Technical Advisory Group (TAG)** serves as a coordination mechanism and provides technical advice, recommendations and support to the Sukh Initiative for attainment of program goals. This committee consists of a group of eminent experts that foster coordination and synergy between the program and the government departments in Sindh. TAG is well represented by senior management from the three foundations, implementing partners, members of provincial assembly, Government Department (health, population welfare, and education and youth affairs). It also includes members from private sector such as from Pakistan Nursing Council, USAID, UNFPA, Rutgers WPF, NCMNH, social marketing companies. In 2015-16, Sukh organized one meeting with the whole group on Dec 10th, 2016. Technical inputs were sought from the TAG for various challenges faced by the project, particularly regarding the inclusion of Madrassah (Religious schools) in the programs. Following on the recommendations of the TAG, it was later decided not to include religious institutes in the project. As a result of involvement of TAG in advocacy efforts, Sukh has been included in two initiatives by the provincial government.
- In an effort to improve quality and effectiveness of family planning programs and services in the project areas, the Aman Foundation has engaged in the following activities:
 - **Public sector health care facilities:** Jhpiego, an affiliate of Johns Hopkins's University, has been assigned with the objective to improve access to family planning (FP) services and with improved quality of service by enhancing enabling environment for delivery of quality family planning/ reproductive health services, increasing access to of a broad range of FP including post-partum and Post-abortion FP services by improving quality of FP services in public sector health facilities.

- **Capacity development of SUKH partners on FP including PFPF and PAFP:** The purpose of capacity development is to let people discover their values through a process of honest self-examination; to correct different myths prevailing among providers for providing FP services; and change their attitudes and finally actions. This year three training sessions have been conducted so far. 63 people have been trained.
- **Site and facilities identification:** 42 sites have been selected. 61 facilities have been identified. 45 facilities have been assessed for Baseline facilities assessment (MCH). Two skill labs and clinical training sites have been developed.
- **Infection prevention workshop for support staff:** Jhpiego has conducted three workshops for infection prevention for support staff. 24 staff have been trained for infection prevention.
- **Training of trainers:** One Training of Trainers session was conducted on comprehensive FP package. 12 Master Trainers have been developed on comprehensive FP package. Six service providers from FP clinics and maternity homes have been trained on comprehensive FP package. 84 Service providers from FP clinics and maternity homes trained on Comprehensive FP package.
- **Value Clarification and Attitude Transformation Training (VCAT):** VCAT training: Two support staff were trained on VCAT and counseling. 37 support staff have been trained on VCAT and counseling. 16 HCPs were trained in two training sessions on PAC and PAFP.
- **Orientation workshops:** Four orientation workshops on FP standards and quality improvement process (QIP) were conducted in which 61 people participated.
- **Supportive supervision:** 9 sessions of supportive supervision training have been done with DOH and PWD. 20 participants were trained from DOH and PWD on SP. As a result of this capacity built, 16 joint monitoring visits were conducted with government officials.
- **Family Health Days:** Family Health Day is a weekly activity at Family Welfare Centers, which not only provides quality FP/RH services (especially long acting contraceptives) to clients but also improves the image of these centers. Mentoring of CHWs and LHWs is an added benefit of the exercise, where they receive additional theoretical knowledge and learn the tricks of the trade. During the third year of the project 52 family health days have been celebrated.
- **Up-gradating of service delivery sites:** 20 sites have been strengthened/upgraded of target facilities.
- **Private health care facilities:** In May 2015, DKT joined Sukh Initiative as an implementing partner and started working actively. DKT is working as the private sector component to build both the capacity and capability of the private sector as well as ensures constant and consistent supply of high quality modern contraceptive products. It has engaged in the:
 - **Mapping of private sector:** Field survey has been done for four towns. The project strategy has been formulated. 43 service outlets have been identified and segmented.
 - **Conducting a facility audit:** A comprehensive facility audit has been done for 40 facilities. 29 facilities have been selected.
 - **Franchising service outlets:** Civil work/ branding has been done for 26 facilities. Mid-assessment (22 facilities) and post-assessment (16 facilities) have been done. 19 providers have been registered with formal bodies under the Government of Pakistan.
 - **Facility and equipment upgrading:** Facilities have been upgraded with equipment. 100% procurement of equipment has been done. 50% delivery of initial stock has been completed. 50% delivery of instrument has been done.
 - **Continued supplies:** Continuous FP commodities' supply to 58 Dhanak clinics has been ensured. To ensure stock availability, an inventory system has been implemented for 20 Dhanak clinics.
 - **Capacity building and training curriculum and IEC material:** DKT will follow the curriculum and IEC material developed by Jhpiego.
 - **Training of Trainers:** This year two trainers have been participated in ToTs at Jhpiego.
 - **ATH need assessment and training session:** A need assessment session has been conducted for ATH call agents. A training session has been conducted for ATH call agents on FP.
 - **Staff training:** 41 training sessions have been conducted on FP including PFPF, PAC and PAFP and Dhanak HMIS. Two training impact assessment sessions have been conducted.
 - **Family Health Clinic:** One Family Health Clinic has been conducted at Dhanak clinics.
 - **Quality Assurance:** Capacity building has been done for two supervisors. Clinical quality assurance visits and scoring (through standardized tool) has been done for 30 clinics.
 - **Advocacy and:** One coordination meeting has been conducted with stakeholders.

- **Referral system:** An introductory session about Dhanak has been conducted for ACHP. Client referral system has been established. Implementation of referral system has been done at 10 sites.
 - **Social mobilization/demand generation/ awareness raising activities:** One mobile video unit has been organized. 10 Heer Apa sessions have been conducted. 19 health camps have been organized. Four post-campaign activities have been completed. Coordination with ATH for service related SMSs is continued.
 - **Monitoring and evaluation:** An M&E SOP has been developed. Target setting–Project MIS has been done. 103 monitoring/ supervisory visits to Dhanak clinics have been completed. Three performance review meetings have been conducted.
- The Aman Foundation committed to increasing women's and girls' ability to make informed decisions and have access to the most appropriate family planning services and supplies. In doing so, it has conducted the following activities:
 - **Engaging with youth:** Sukh implementing partner for the youth intervention, Aahung is providing Family Life Education (FLE) to young people at two levels: to boys and girls between the ages of 12 to 15 years at selected schools within Sukh catchment areas, and to those aged 16 to 22 years through various Support Group Meetings provided by trained school teachers and Community Health Workers respectively. The main focus of FLE is information provision to youth on maternal health; maternal rights; puberty changes and development; communication skills; appropriate and legal age of marriage, and responsible decision making skills. In year III of the project, major achievements for young engagement are as follows:
 - **Advocacy and Networking:**
 - **Ties with the provincial government:** Aahung has adopted a flexible strategy approach to advocacy efforts and is taking Education Department in the loop. Aahung has conducted six meetings with the department of education. One meeting was done with the curriculum council. Nine meetings were held with partner organizations. Aahung has also conducted three meetings with PMU.
 - **Mapping of private schools, public schools and alternate learning institutes:** To reach out to more students, Aahung is trying to get hold of new schools. For this purpose, Mapping activity was carried out at five additional schools has been done during year 2015-16.
 - **Signing of MoUs with private schools, public Schools and alternate learning institutes:** Aahung is trying to expand by taking new schools into the network. During the current year Aahung has signed one MOU with a public school and seven with private schools to provide FLEE in the respective schools. The purpose of signing MoUs with alternate learning institutes and workplaces is to develop a broad consensus and ownership of project activities. So far 10 MOUs have been signed.
 - **E-course and IEC material development:** After reviewing the work of organizations working on FLE and LSBE in Pakistan and India, Aahung initiated the development of FLE module and IEC material for spreading the key messages contributing to Sukh's aims and objectives. An online FLE curriculum has been developed which will be available in the year IV. Additionally, 6 IEC materials have been printed on puberty, nikanama, HIV, gender, hepatitis, male penile discharge, female vaginal discharge, and child sexual abuse.
 - **Capacity building:**
 - **Training of CHWs on FLE:** To train CHWs and other staff on family life education is also part of Aahung's mandate. During this year, Aahung has conducted 12 refresher trainings in which 19 CHSs and 190 CHWs have been trained. Aahung has also done a training session for LHWs.
 - **Refresher training for TeleHealth Call Agents:** In one refresher training session, seven ATH call agents have been trained.
 - **Training of healthcare providers from catchment area:** Aahung's trainers have developed modules and training tools to enhance the capacity of doctors and local health care providers on Adolescent Reproductive Health and Rights (ASRH) and provision of youth friendly services. During a training session 48 HCPs were trained. A training session was conducted to train master trainers from DKT and Jhpiego in which 19 providers have been trained.
 - **Whole school activities:** Whole school activity is an effective way of ensuring sustainability and ongoing learning through schools and other educational institutions. During the year III, seven whole school activities were planned and the target has been achieved. 950 boys and 1764 girls attended these whole school activities in 11 girls', 10 boys' and 3 co-ed public schools. While 53 boys and 43 girls from seven private coeducation schools participated in these activities.

- **Conducting parent sensitization sessions through schools and alternate learning institutes:** The purpose of the parent sensitization sessions is to introduce parents to the concept of FLE, and gain their confidence and permission to run FLE in the schools. To date 28 sensitization meetings have been conducted at schools attended by 124 male and 869 female.
- **School teacher training:** Lack of knowledge and enthusiasm is another challenge in the implementation of FLE, to overcome this issue two teacher training sessions have been conducted so far, in which 55 teachers (13 male, 42 female) were trained. The number of refresher training session was one in which 24 teachers (5 male, 19 female) were trained. In the institute training session 16 employees (6 male, 10 female) were trained. To date 987 girls support group meetings and 668 boys support group meetings have been conducted.
- **Mass Communication:** Drama and theatre performances are a very effective way of getting one's message across on mass level. In the year III, Aahung has produced a docudrama which was aired in the Sukh catchment areas. The docudrama not only forwarded the core message but it also helped in promoting TeleHealth number and services for comprehensive FLE related information. 80 spots on cable TV were aired. Two theatre performance have been conducted during whole school activities. Two youth melas (fun fair) have also been conducted.

2016 FP2020 ANNUAL COMMITMENT UPDATE QUESTIONNAIRE RESPONSE



The following text is the commitment made by the Aman Foundation at the 2012 London Summit on Family Planning. To review the commitment online, please visit: <http://www.familyplanning2020.org/aman-foundation>.

The Aman Foundation is a local, not-for-profit trust, based and operating in Pakistan. Inspired by a proactive commitment to the cause of human development, the Foundation aspires to make strategic interventions in Pakistan to support development in the areas of healthcare, education and nutrition.

FINANCIAL COMMITMENTS

The Aman Foundation commits US \$5 million across the next five years on a matching basis with the Bill & Melinda Gates Foundation, in additional funds for family planning programs and initiatives in Karachi, Pakistan.

PROGRAM & SERVICE DELIVERY COMMITMENTS

The Aman Foundation's funds will help facilitate research in integrated family health service delivery and family planning programs that help increase the number of new family planning users through improved quality of services, introduction to new contraceptive methods, innovative service-delivery interventions and demand generation. The Aman Foundation also commits to enhancing partnerships with local community-based organizations, the private sector and the public sector through an integrated community-based approach. The Aman Foundation will improve quality and effectiveness of family planning programs and services in the targeted project areas and will help to increase women's and girls' ability to make informed decisions and have access to the most appropriate family planning services and supplies.