

Touch the Heart Uganda Commitment



Narrative:

According to the UNFPA 2017, Adolescents in Uganda, both unmarried and married, face many sexual and reproductive health risks stemming from early, unprotected, and unwanted sexual activity. Key factors underlying this issue are inadequate access to sexuality education, and to accessible, affordable, and appropriate contraception. As a result, twenty-five percent of pregnancies are among adolescents (UDHS, 2016). One third of Uganda's maternal deaths occur among adolescent mothers: Maternal death rates among women aged 15 to 19 years are twice as high as for older women, and five times higher among girls aged 10 to 14 years.

We commit to create more awareness on family planning among adolescents on the importance of using FP methods more so with guidance from a health care provider, the varieties of the methods and usage according to preference and health as well as linking them to service providers. We also commit to create awareness on the social and economic benefits, an aspect which is not well explored with an intention of motivation and widening the knowledge gap. We estimate a target of 3,000 adolescents reached in 5 years throughout community awareness and sensitization processes.

In 2026, through engaging other CSOs in the private sector, journalism and non-profit, with the help from the five youth members of Parliament and the National Youth Council office of the vice chairperson, We commit to have built internal government support for financing and accountability mechanisms to ensure accessibility of family planning commodities through engaging policy makers in Parliament, Ministry of Health, Ministry of Gender and Social Development, Kampala Capital City Authority, District Officers.

We intend through awareness to provide the rightful information to young people in targeted areas. We plan on taking drastic steps to map out service providers to partner with, refer and track the services offered to the young people we manage to reach out to.

Outcomes:

- Increased mCPR to at least 40% percent in our community areas of implementation. - Accessibility to a variety of family planning commodities at health facilities and in communities.
- In a period of five years, we estimate to reach out to about 3000 young people fully empowered with the right knowledge on their needs, preferences and accessibility in regards to family planning and are familiar with nearest service points.