

# Islamic Medical Association of Burundi Commitment



## Narrative:

The concept of family planning is found in the Qur'an and in the practices of the companions of the Prophet Muhammad peace be upon him. Unfortunately, the majority of the followers of Islam are unaware of these texts that promote family planning and the well-being of families.

Women and children pay a heavy price for this situation, which is crystallized by a rigorous discourse that sometimes goes as far as to declare the current means of contraception illicit. Islamic Medical Association of Burundi, a Burundian NGO founded in 2016 by 21 Burundian Muslim doctors. IMAB's vision is "an egalitarian, peaceful world where people have easy access to quality social services." Its areas of action are health, education, socio-economic well-being of families and the fight against SGBV. IMAB is convinced that Family Planning is the pillar of sustainable development and well-being of women and households. At IMAB we believe that Muslim women's access to family planning is a right that should not be hindered. As most Muslim women are housewives and financially dependent on their husbands, a comprehensive strategy is needed to:

- Remove institutional obstacles
- Master the specificities and socio-religious sensitivities to better address FP with Muslims - Accelerate their autonomy as women
- Involve religious leaders, men and women leaders
- Sensitize the youngest
- Improve access to contraception.

IMAB wants to join the world by committing to the FP2030 partnership. By actively engaging in this partnership, IMAB wants to achieve its objectives in support of the global strategy "Every Woman, Every Child (EWEC) for women's, children's and adolescents' health".

Concretely, IMAB wants to commit itself to achieve the following results in Burundi by 2026:

1. Produce an advocacy document discrediting and encouraging family planning based on Islamic texts
2. 500 Muslim leaders are sensitized on family planning
3. 5000 young girls and boys are sensitized on family planning
4. Support 50 empowerment initiatives involving 20 women each to raise the social status of women
5. Conduct capacity building for 90 health professionals on how to address family planning with Muslim couples.

To achieve its results, IMAB relies on internal and external resources and plans to partner and work with various stakeholders.

**Outcomes:**

1. Produce an advocacy document that decriminalizes and encourages family planning based on Islamic texts
2. 500 Muslim leaders are sensitized on family planning
3. 5000 young girls and boys are sensitized on family planning
4. Support 50 empowerment initiatives involving 20 women each to raise the social status of women
5. Conduct capacity building for 90 health professionals on how to address family planning with Muslim couples.

