

Abarundikazi Period Movement Commitment



Narrative:

In Burundi, the use of contraceptive methods remains very limited because there are many prejudices related to it. Our commitment is in the direction of training and education. Our organization is already conducting sensitizations in schools and in the community on sexual and reproductive health, with an emphasis on FP. We expect to reach at least 80% of Burundi's primary and secondary schools on the one hand, and on the other hand, we will train community health workers to help relay information in the communities. The Abarundikazi Period Movement was founded by young Burundians to promote sexual and reproductive rights and to end menstrual insecurity. In Burundi, topics related to sexual and reproductive health are taboo and many girls suffer from a lack of sanitary napkins and are often absent from school and fail. It is no wonder that the majority of girls do not finish school. They are often forced to prostitute themselves with several men just to earn a single sanitary napkin. Not knowing their menstrual cycles or contraceptive methods, they get pregnant at a young age. Abarundikazi Period Movement is trying to find a solution to this problem. We have a small workshop and make washable and reusable sanitary pads and distribute them in schools for the most vulnerable girls. We also teach communities how to make reusable and washable sanitary pads in order to address menstrual insecurity. We use a lot of financial means.

Outcomes:

1. At least 60% of those trained and sensitized adhere to modern contraceptive methods
2. 80% of Burundian youth are sensitized on SRH and on the use of contraceptive methods. The result can be measured with the HMIS data. It is true that awareness messages have only reached 30% of youth according to the 2016 Burundi DHS. We are using new approaches at the level of the Abarundikazi Period Movement in order to reach as many young people as possible so that young and old can access information related to sexual and reproductive health, particularly FP: - At least 85% of young and old adhere to contraceptive methods, and participate in the development of the country.