

# Uganda

## FP2030 Indicator Summary Sheet: 2023 Measurement Report

### Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
All Women	Total users of modern methods of contraception*											
	1,690,000	1,830,000	1,990,000	2,170,000	2,380,000	2,590,000	2,790,000	2,980,000	3,250,000	3,580,000	3,870,000	4,130,000
	Modern contraceptive prevalence rate (mCP)											
	21.9%	23.0%	24.1%	25.3%	26.6%	27.6%	28.4%	29.2%	30.4%	32.2%	33.6%	34.6%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
26.5%	25.9%	25.4%	24.8%	24.1%	24.0%	23.7%	23.3%	22.6%	21.7%	21.2%	20.8%	
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
45.3%	47.0%	48.8%	50.6%	52.5%	53.5%	54.6%	55.6%	57.4%	59.7%	61.3%	62.6%	

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Married Women	Total users of modern methods of contraception											
	1,270,000	1,380,000	1,490,000	1,620,000	1,770,000	1,910,000	2,060,000	2,210,000	2,400,000	2,640,000	2,820,000	3,000,000
	Modern contraceptive prevalence rate (mCP)											
	27.2%	28.6%	30.0%	31.4%	33.1%	34.2%	35.4%	36.6%	38.4%	40.7%	42.2%	43.6%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
37.5%	36.6%	35.7%	34.7%	33.7%	33.2%	32.4%	31.9%	31.0%	29.7%	28.9%	28.0%	
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
42.1%	43.9%	45.6%	47.5%	49.5%	50.8%	52.3%	53.3%	55.3%	57.8%	59.3%	60.9%	

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Unmarried Women	Total users of modern methods of contraception											
	410,000	450,000	490,000	550,000	600,000	670,000	720,000	770,000	840,000	930,000	1,050,000	1,130,000
	Modern contraceptive prevalence rate (mCP)											
	13.7%	14.4%	15.2%	16.1%	16.9%	17.7%	18.3%	18.5%	19.1%	20.3%	21.7%	22.4%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
9.5%	9.5%	9.6%	9.7%	9.7%	10.4%	10.8%	10.8%	10.5%	10.6%	10.6%	10.7%	
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
59.2%	60.3%	61.3%	62.5%	63.7%	63.0%	62.6%	63.2%	64.5%	65.7%	67.3%	67.7%	

### Impacts of Modern Contraceptive Use among All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Number of unintended pregnancies averted due to modern contraceptive use												
630,000	690,000	750,000	810,000	890,000	970,000	1,050,000	1,120,000	1,220,000	1,350,000	1,450,000	1,550,000	
Number of unsafe abortions averted due to modern contraceptive use												
158,000	171,000	186,000	203,000	223,000	242,000	261,000	279,000	304,000	335,000	362,000	386,000	
Number of maternal deaths averted due to modern contraceptive use												
1,300	1,500	1,600	1,700	1,900	2,100	2,200	2,400	2,600	2,900	3,100	3,300	

### Couple Years of Protection (CYPs)

Calculated from routine service provision data

Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
DHS2	---	---	---	1,789,963	1,487,136	1,924,431	1,760,102	2,272,875	4,106,324	5,034,709	5,188,908

### Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)	112	2018-19 MIS
Percent of births that are unintended	42%	2016 DHS

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2021	2021
Estimated Number of Unintended Pregnancies												
1,140,000	1,150,000	1,160,000	1,180,000	1,190,000	1,220,000	1,260,000	1,280,000	1,310,000	1,340,000	1,340,000	1,340,000	

## Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix			
Long-Acting and Permanent Methods	Sterilization (female)	4.6%	Source 2022 PMA P3
	Sterilization (male)	0.6%	
	IUD	5.4%	
	Implant	26.6%	
Short-Term Methods	Injectable	37.1%	Population All Women
	Pill	13.7%	
	Condom (Male)	8.6%	
	Condom (Female)	0.0%	
	LAM	0.0%	
	Standard Days method	0.0%	
Other Modern Methods		3.4%	

Percentage of facilities stocked out, by method offered, on the day of assessment			
Long-Acting and Permanent Methods	Sterilization (female)	3.0%	Source UNFPA SDP Survey
	Sterilization (male)	5.0%	
	IUD	6.0%	
	Implant	13.0%	
Short-Term Methods	Injectable	11.0%	Year 2019
	Pill	13.0%	
	Condom (Male)	10.0%	
	Condom (Female)	24.0%	
	Emergency Contraception	18.0%	
	Other modern methods	n/a	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of assessment	74%	UNFPA SDP Survey	2019
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on day of assessment	94%	UNFPA SDP Survey	2019

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**						
	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need	---	---	---	---	---	---
Discontinuation while not in need	---	---	---	---	---	---
Total discontinuation (all reasons)	---	---	---	---	---	---
Switching to a different method	---	---	---	---	---	---

## Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	48%	2022 PMA - P3	All Women
Percentage of women who received family planning information during a contact with a health service provider **	40%	2022 PMA - P3	All Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **			
Public	64%		
Private Medical	33%	2022 PMA - P3	---
Other	3%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	73%	2022 PMA P3	---

## Investment in Family Planning

	Value	Source	Year
Annual expenditure on family planning from government domestic budget (USD \$)	\$ 728,510	FPFA	2020

## Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use met the reporting threshold (tCP among Married Women > 5% in 2022).

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
<b>All Women</b>	3.3%	3.3%	3.3%	3.4%	3.5%	3.8%	4.1%	4.5%	4.8%	4.9%	4.9%	4.9%
<b>Married Women</b>	4.5%	4.5%	4.6%	4.7%	4.9%	5.2%	5.5%	6.0%	6.3%	6.3%	6.5%	6.4%
<b>Unmarried Women</b>	1.3%	1.3%	1.3%	1.3%	1.3%	1.7%	2.1%	2.4%	2.6%	2.8%	2.7%	2.7%

### Notes

--- indicates no data post 2012 was available

\* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

\*\* Additional disaggregation or details available in the full data set.

