

# Tanzania

## FP2030 Indicator Summary Sheet: 2023 Measurement Report

### Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
All Women	<b>Total users of modern methods of contraception*</b>											
	2,760,000	2,930,000	3,090,000	3,260,000	3,390,000	3,510,000	3,620,000	3,720,000	3,830,000	3,960,000	4,110,000	4,340,000
	<b>Modern contraceptive prevalence rate (mCP)</b>											
	24.8%	25.4%	25.9%	26.4%	26.4%	26.4%	26.3%	26.1%	25.9%	25.9%	26.0%	26.5%
	<b>Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)</b>											
22.6%	22.5%	22.3%	22.3%	22.2%	22.0%	21.9%	21.8%	21.7%	21.5%	21.3%	21.0%	
<b>Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)</b>												
52.3%	53.0%	53.7%	54.2%	54.4%	54.5%	54.6%	54.4%	54.5%	54.7%	54.9%	55.7%	

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Married Women	<b>Total users of modern methods of contraception</b>											
	2,030,000	2,160,000	2,290,000	2,410,000	2,500,000	2,580,000	2,660,000	2,720,000	2,800,000	2,880,000	2,980,000	3,130,000
	<b>Modern contraceptive prevalence rate (mCP)</b>											
	29.3%	30.2%	31.0%	31.5%	31.6%	31.6%	31.6%	31.3%	31.4%	31.3%	31.6%	32.2%
	<b>Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)</b>											
28.9%	28.8%	28.7%	28.6%	28.4%	28.2%	27.9%	27.8%	27.6%	27.2%	27.0%	26.7%	
<b>Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)</b>												
50.2%	51.1%	51.9%	52.4%	52.7%	52.9%	53.1%	53.1%	53.2%	53.4%	53.8%	54.5%	

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Unmarried Women	<b>Total users of modern methods of contraception</b>											
	720,000	760,000	800,000	840,000	880,000	920,000	960,000	990,000	1,030,000	1,080,000	1,120,000	1,190,000
	<b>Modern contraceptive prevalence rate (mCP)</b>											
	17.3%	17.6%	17.8%	18.0%	18.1%	18.0%	17.9%	17.9%	17.7%	17.8%	17.7%	18.0%
	<b>Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)</b>											
11.9%	12.0%	11.9%	12.0%	12.2%	12.2%	12.4%	12.5%	12.6%	12.7%	12.7%	12.6%	
<b>Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)</b>												
59.0%	59.5%	59.9%	60.0%	59.6%	59.4%	59.2%	58.9%	58.6%	58.3%	58.1%	58.6%	

### Impacts of Modern Contraceptive Use among All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
<b>Number of unintended pregnancies averted due to modern contraceptive use</b>												
1,060,000	1,130,000	1,190,000	1,260,000	1,310,000	1,350,000	1,390,000	1,430,000	1,470,000	1,530,000	1,580,000	1,670,000	
<b>Number of unsafe abortions averted due to modern contraceptive use</b>												
265,000	281,000	297,000	313,000	325,000	337,000	347,000	357,000	367,000	380,000	394,000	417,000	
<b>Number of maternal deaths averted due to modern contraceptive use</b>												
2,000	2,100	2,300	2,400	2,500	2,600	2,700	2,700	2,800	2,900	3,000	3,200	

### Couple Years of Protection (CYPs)

Calculated from routine service provision data

Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
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### Fertility Outcomes

	Value	Source
<b>Adolescent birth rate (per 1000 women 15-19)</b>	112	2022 DHS
<b>Percent of births that are unintended</b>	31%	2022 DHS

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2021	2021
<b>Estimated Number of Unintended Pregnancies</b>												
1,090,000	1,130,000	1,170,000	1,210,000	1,240,000	1,270,000	1,300,000	1,320,000	1,340,000	1,370,000	1,370,000	1,370,000	

## Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix			
Long-Acting and Permanent Methods	Sterilization (female)	8.7%	Source 2022 DHS
	Sterilization (male)	0.0%	
	IUD	2.4%	
	Implant	43.7%	
Short-Term Methods	Injectable	27.6%	Population All Women
	Pill	8.3%	
	Condom (Male)	7.5%	
	Condom (Female)	0.0%	
	LAM	1.6%	
	Standard Days method	0.0%	
Other Modern Methods		0.4%	

Percentage of facilities stocked out, by method offered, on the day of assessment			
Long-Acting and Permanent Methods	Sterilization (female)	28.9%	Source UNFPA SDP Survey
	Sterilization (male)	30.7%	
	IUD	34.1%	
	Implant	12.2%	
Short-Term Methods	Injectable	16.4%	Year 2021
	Pill	12.4%	
	Condom (Male)	21.2%	
	Condom (Female)	76.3%	
	Emergency Contraception	57.3%	
	Other modern methods	---	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of assessment	63%	UNFPA SDP Survey	2021
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on day of assessment	62%	UNFPA SDP Survey	2021

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**						
	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need	---	5.6%	17.8%	16.3%	5.1%	2015-16 DHS; Latest Discontinuation Data Forthcoming (2022 DHS)
Discontinuation while not in need	---	2.3%	8.7%	9.9%	11.3%	
Total discontinuation (all reasons)	---	9.6%	32.0%	34.0%	27.9%	
Switching to a different method	---	1.7%	5.5%	7.8%	11.4%	

## Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	62%	2022 DHS	All Women
Percentage of women who received family planning information during a contact with a health service provider **	23%	2022 DHS	All Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **			
Public	89%	2022 DHS	---
Private Medical	11%		
Other	0%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	96%	2022 DHS	---

## Investment in Family Planning

	Value	Source	Year
Annual expenditure on family planning from government domestic budget (USD \$)	---	---	---

## Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use met the reporting threshold (tCP among Married Women > 5% in 2022).

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
<b>All Women</b>	5.1%	5.1%	5.2%	5.3%	5.3%	5.2%	5.2%	5.2%	5.2%	5.2%	5.2%	5.0%
<b>Married Women</b>	6.6%	6.5%	6.5%	6.4%	6.4%	6.2%	6.1%	6.1%	6.0%	5.9%	6.0%	5.8%
<b>Unmarried Women</b>	2.6%	2.8%	3.1%	3.4%	3.5%	3.5%	3.6%	3.7%	3.8%	3.8%	4.0%	3.8%

### Notes

--- indicates no data post 2012 was available

\* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

\*\* Additional disaggregation or details available in the full data set.

