

Nepal

FP2030 Indicator Summary Sheet: 2023 Measurement Report

Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
All Women	Total users of modern methods of contraception*											
	2,480,000	2,510,000	2,560,000	2,590,000	2,640,000	2,710,000	2,780,000	2,870,000	2,950,000	3,050,000	3,140,000	3,260,000
	Modern contraceptive prevalence rate (mCP)											
	33.9%	33.9%	34.0%	33.9%	33.8%	34.0%	34.2%	34.6%	34.7%	35.0%	35.2%	36.0%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
25.0%	24.7%	24.4%	24.3%	24.5%	24.5%	24.4%	24.4%	24.4%	24.6%	24.8%	25.0%	24.5%
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
57.6%	57.9%	58.3%	58.2%	57.9%	58.1%	58.3%	58.7%	58.4%	58.5%	58.4%	59.4%	

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Married Women	Total users of modern methods of contraception											
	2,450,000	2,480,000	2,530,000	2,560,000	2,610,000	2,680,000	2,750,000	2,840,000	2,920,000	3,020,000	3,100,000	3,220,000
	Modern contraceptive prevalence rate (mCP)											
	43.6%	43.8%	44.0%	43.9%	43.7%	43.8%	43.9%	44.2%	44.2%	44.3%	44.5%	45.5%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
32.5%	32.1%	31.8%	31.8%	31.9%	31.8%	31.6%	31.4%	31.6%	31.7%	31.9%	31.2%	
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
57.3%	57.7%	58.1%	58.0%	57.7%	57.9%	58.1%	58.5%	58.3%	58.3%	58.2%	59.2%	

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Unmarried Women	Total users of modern methods of contraception											
	31,000	30,000	29,000	30,000	30,000	30,000	31,000	31,000	32,000	33,000	34,000	34,000
	Modern contraceptive prevalence rate (mCP)											
	1.8%	1.8%	1.7%	1.6%	1.7%	1.7%	1.7%	1.7%	1.7%	1.7%	1.7%	1.8%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
0.4%	0.4%	0.4%	0.4%	0.4%	0.4%	0.4%	0.4%	0.4%	0.4%	0.4%	0.4%	
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
83.6%	82.9%	82.1%	81.9%	81.9%	81.5%	81.2%	80.7%	80.8%	80.7%	81.0%	80.8%	

Impacts of Modern Contraceptive Use among All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Number of unintended pregnancies averted due to modern contraceptive use												
930,000	950,000	960,000	980,000	990,000	1,020,000	1,050,000	1,080,000	1,110,000	1,150,000	1,180,000	1,230,000	
Number of unsafe abortions averted due to modern contraceptive use												
492,000	499,000	508,000	515,000	524,000	538,000	553,000	571,000	586,000	607,000	623,000	647,000	
Number of maternal deaths averted due to modern contraceptive use												
1,400	1,400	1,400	1,400	1,500	1,500	1,600	1,600	1,700	1,700	1,800	1,800	

Couple Years of Protection (CYPs)											Calculated from routine service provision data	
Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	
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Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)	71	2022 DHS
Percent of births that are unintended	19%	2016 DHS

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2021	2021
Estimated Number of Unintended Pregnancies												
760,000	760,000	760,000	760,000	750,000	750,000	740,000	750,000	750,000	760,000	760,000	760,000	760,000

Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix			
Long-Acting and Permanent Methods	Sterilization (female)	30.0%	Source 2022 DHS
	Sterilization (male)	8.1%	
	IUD	2.9%	
	Implant	13.6%	
Short-Term Methods	Injectable	20.8%	Population Married Women
	Pill	10.1%	
	Condom (Male)	10.1%	
	Condom (Female)	0.0%	
	LAM	0.0%	
	Standard Days method	0.0%	
Other Modern Methods		4.5%	

Percentage of facilities stocked out, by method offered, on the day of assessment			
Long-Acting and Permanent Methods	Sterilization (female)	---	Source UNFPA SDP Survey
	Sterilization (male)	---	
	IUD	71.8%	
	Implant	50.0%	
Short-Term Methods	Injectable	0.4%	Year 2022
	Pill	0.4%	
	Condom (Male)	0.0%	
	Condom (Female)	100.0%	
	Emergency Contraception	64.5%	
	Other modern methods	na	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of assessment	98%	UNFPA SDP Survey	2022
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on day of assessment	89%	UNFPA SDP Survey	2022

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**						
	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need	12.5%	2.9%	15.0%	10.5%	7.9%	2016 DHS; Latest Discontinuation Data Forthcoming (2022 DHS)
Discontinuation while not in need	5.9%	0.4%	33.8%	55.8%	52.0%	
Total discontinuation (all reasons)	28.2%	7.6%	58.4%	73.8%	68.9%	
Switching to a different method	9.8%	4.3%	9.6%	7.5%	8.9%	

Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	37%	2022 DHS	All Women
Percentage of women who received family planning information during a contact with a health service provider **	17%	2022 DHS	All Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **			
Public	69%	2022 DHS	---
Private Medical	28%		
Other	3%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	92%	2022 DHS	---

Investment in Family Planning

	Value	Source	Year
Annual expenditure on family planning from government domestic budget (USD \$)	\$ 5,267,280	FPSA	2021

Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use met the reporting threshold (tCP among Married Women > 5% in 2022).

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
All Women	4.3%	4.5%	4.7%	5.1%	5.6%	5.7%	5.8%	5.9%	6.3%	6.9%	7.5%	7.4%
Married Women	5.6%	5.8%	6.1%	6.7%	7.3%	7.4%	7.4%	7.5%	8.1%	8.8%	9.6%	9.4%
Unmarried Women	0.2%	0.2%	0.2%	0.2%	0.2%	0.2%	0.2%	0.2%	0.2%	0.2%	0.2%	0.2%

Notes

--- indicates no data post 2012 was available

* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

** Additional disaggregation or details available in the full data set.

