

Mauritania

FP2030 Indicator Summary Sheet: 2023 Measurement Report

Modern Contraceptive Use and Need

Source : Family Planning Estimation Tool (FPET)

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
All Women	Total users of modern methods of contraception*											
	64,000	69,000	74,000	79,000	84,000	88,000	92,000	96,000	100,000	110,000	110,000	120,000
	Modern contraceptive prevalence rate (mCP)											
	7.4%	7.8%	8.1%	8.4%	8.6%	8.8%	8.9%	9.1%	9.3%	9.7%	10.1%	10.5%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	22.2%	22.3%	22.3%	22.4%	22.3%	22.3%	22.2%	22.2%	22.1%	21.9%	21.8%	21.7%
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	25.1%	25.9%	26.7%	27.3%	27.8%	28.2%	28.6%	29.0%	29.7%	30.7%	31.6%	32.6%

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Married Women	Total users of modern methods of contraception											
	55,000	60,000	64,000	69,000	73,000	76,000	80,000	84,000	89,000	95,000	100,000	110,000
	Modern contraceptive prevalence rate (mCP)											
	10.7%	11.2%	11.7%	12.1%	12.5%	12.7%	12.9%	13.1%	13.5%	14.0%	14.6%	15.2%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	32.9%	33.0%	33.0%	33.0%	32.8%	32.8%	32.6%	32.6%	32.4%	32.1%	32.0%	31.8%
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	24.7%	25.4%	26.3%	26.9%	27.5%	27.8%	28.3%	28.7%	29.3%	30.3%	31.3%	32.4%

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Unmarried Women	Total users of modern methods of contraception											
	3,500	3,600	3,700	3,800	4,000	4,100	4,200	4,400	4,600	4,800	5,100	5,300
	Modern contraceptive prevalence rate (mCP)											
	1.0%	1.0%	1.0%	1.0%	1.0%	1.0%	1.0%	1.0%	1.1%	1.1%	1.1%	1.1%
	Percentage of women estimated to have an unmet need for modern methods of contraception (mUN)											
	2.0%	2.0%	2.0%	2.0%	2.0%	2.0%	2.0%	1.9%	2.0%	1.9%	1.9%	2.0%
Percentage of women estimated to have their demand for family planning met with a modern method of contraception (mDS)												
	34.0%	34.2%	33.9%	33.9%	34.5%	34.6%	34.7%	35.0%	34.8%	35.1%	35.2%	35.3%

Impacts of Modern Contraceptive Use among All Women

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
Number of unintended pregnancies averted due to modern contraceptive use												
	23,000	25,000	27,000	29,000	30,000	32,000	33,000	35,000	37,000	40,000	43,000	46,000
Number of unsafe abortions averted due to modern contraceptive use												
	8,300	9,000	9,700	10,000	10,000	11,000	12,000	12,000	13,000	14,000	15,000	16,000
Number of maternal deaths averted due to modern contraceptive use												
	70	80	80	90	100	100	110	110	120	130	140	150

Couple Years of Protection (CYPs)

Calculated from routine service provision data

Source	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022
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Fertility Outcomes

	Value	Source
Adolescent birth rate (per 1000 women 15-19)	90	2019-21 DHS
Percent of births that are unintended	20%	2019-21 DHS

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2021	2021
Estimated Number of Unintended Pregnancies												
	58,000	59,000	60,000	61,000	62,000	63,000	64,000	65,000	66,000	67,000	67,000	67,000

Contraceptive Use, Availability, and Discontinuation by Method

Modern Contraceptive Method Mix			
Long-Acting and Permanent Methods	Sterilization (female)	0.0%	Source 2019-20 DHS
	Sterilization (male)	0.0%	
Permanent Methods	IUD	0.8%	Population
	Implant	16.3%	
Short-Term Methods	Injectable	24.8%	Married Women
	Pill	53.5%	
	Condom (Male)	3.9%	
	Condom (Female)	0.0%	
	LAM	0.8%	
	Standard Days method	0.0%	
Other Modern Methods		0.0%	

Percentage of facilities stocked out, by method offered, on the day of assessment			
Long-Acting and Permanent Methods	Sterilization (female)	---	Source ---
	Sterilization (male)	---	
Permanent Methods	IUD	---	Year ---
	Implant	---	
Short-Term Methods	Injectable	---	---
	Pill	---	
	Condom (Male)	---	
	Condom (Female)	---	
	Emergency Contraception	---	
	Other modern methods	---	

	Value	Source	Year
Percentage of primary SDPs that have at least 3 modern methods of contraception available on day of assessment	82%	UNFPA SDP Survey	2022
Percentage of secondary/tertiary SDPs with at least 5 modern methods of contraception available on day of assessment	95%	UNFPA SDP Survey	2022

Contraceptive Discontinuation Rates and Method Switching (first 12 months)**						
	IUD	Implant	Injectable	Pill	Condom (male)	Source
Discontinuation while in need	---	12.3%	35.8%	25.2%	---	2019-2021 DHS
Discontinuation while not in need	---	14.7%	19.0%	28.1%	---	
Total discontinuation (all reasons)	---	33.2%	60.1%	56.8%	---	
Switching to a different method	---	6.2%	4.3%	2.1%	---	

Contraceptive Services and Decision-Making

	Value	Source	Population
Method Information Index**	14%	2019-20 DHS	Married Women
Percentage of women who received family planning information during a contact with a health service provider **	14%	2019-20 DHS	Married Women
Percent of current modern contraceptive users who last obtained their family planning method from each source (All Methods) **			
Public	84%	2019-21 DHS	---
Private Medical	16%		
Other	0%		
Percentage of women who decided to use family planning alone or jointly with their husbands/partners **	87%	2019-20 DHS	---

Investment in Family Planning

	Value	Source	Year
Annual expenditure on family planning from government domestic budget (USD \$)	\$ 544,628	FPFA	2022

Traditional Contraceptive Use

Source : Family Planning Estimation Tool (FPET)

Traditional Contraceptive Use did not meet the reporting threshold (tCP among Married Women >5% in 2023) and so is not reported for this country.

	2012	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023
All Women	---	---	---	---	---	---	---	---	---	---	---	---
Married Women	---	---	---	---	---	---	---	---	---	---	---	---
Unmarried Women	---	---	---	---	---	---	---	---	---	---	---	---

Notes

--- indicates no data post 2012 was available

* Total Users among Married Women and Unmarried Women will not sum exactly to the Total Users among All Women

** Additional disaggregation or details available in the full data set.

